

# Winner Again...



Once again APNRL declared winner and adorned with crowning glory by bagging "Power Plant Performance Award."

The award was given away under the category Power Plant performer 2023 (500 MW-Coal Private Sector, Eastern Region) conferred by Mission Energy Foundation.

The award ceremony was organized at Hotel Hyatt Centric, New Delhi on 26<sup>th</sup> & 27<sup>th</sup> June 2023. Mr. Roop Chatterjee, Senior Manager (Operations) have received the trophy on company's behalf. Altogether 50 companies from all over India and 10 companies from the eastern region participated in the award ceremony.

Mr. Arun Kumar Mishra-CEO congratulated the entire team and added that this is the result of hard work and consistency of every associate member of the APNRL family.



## Head-Coal Logistics (Plant) Speak

First of all, I would like to congratulate the entire APNRL family for bagging prestigious award for becoming winner in the Best power plant performer 2023<500 MW-Coal Private Sector Eastern Region category. undoubtedly this is team effort, for what APNRL is mostly known for. I would like to mention that 'Nav Urja' is the appropriate medium to connect with the APNRL family. It is about nine glorious years; I have spent my most of the time over the past years here only.

I earned too much experience and found efficient teamwork practice over here is incomparable and employees are delicately toiling hard for the growth of the com-

pany. Recently, company had faced major time, but the way company responded and made things up to the order is the exclusive example of teamwork and coordination between management and employee.

I proud myself of being employee of APNRL and heading a most essential department under the guidance of top valued management.

I would say, Tenaciousness, Thrift, Thrive, Thankful, Teamwork are the Five-T will make your life stressless professionally as well as personally.

Try to adopt these Five-T in your daily routine, life will rise in different way.

Philosophy of my life is "Challenge the odds, push boundaries, don't fear mistakes and always be open to learning." I follow this rule in my routine to march ahead to success.

Thank you so very much!

**Vikas Singh**  
Head-Coal Logistics (Plant)

# Champion

APNRL employee Mr. Pradeep Kumar Singh's son Master Piyush Kumar Singh brought laurels by winning seven golds in the 13<sup>th</sup> Jharkhand State Junior Swimming Championship. He was adjudged best swimmer of the tourney.

A 11<sup>th</sup> standard student of Vidya Bharti Chinmaya Vidyalaya Piyush Kumar Singh won golds in Butterfly stroke-50 meter, 100 meter and 200 meter while backstroke- 50 meter and 100 meter, 4x50 meter medley relay and 4x50 meter free style relay. The championship was organised at Ranchi on 8 & 9 July.

APNRL management wishes him good luck for his future endeavors.



### Environmental shades on canvas

Altogether 95 children for vicinity villages Srirampur, Padampur, Badaharipur and Dhatkidih have drawn and coloured to show their environment love. Out of 95 children 25 children have been given away the prizes for being excellent. Drawing Competition was organized from 1<sup>st</sup> to 3<sup>rd</sup> June 2023 in the respective villages.

# Yoga is journey of self, through the self, to the self

The employees of Adhunik Power & Natural Resources Limited learnt different postures of yoga asanas from yoga expert instructor Ashish Ranjan and pledged to include yoga practice in their daily routine life.

APNRL celebrated 10<sup>th</sup> International Yoga day with all vigor and enthusiasm at plant site on 21<sup>st</sup> June, 2023. Employees and members of contractor agencies performed various postures of yoga asanas to mark the day.

Speaking on the occasion Mr. M N Singh (Head, O&M) said, "Yoga is a great practice for both the body and the mind, it offers peace and mindfulness to yoga lovers and help them get through daily stress."

Mr. Rajesh Kumar Sharma-VP (F&A), Mr. Sanjeev Choudhary-VP (Electrical), Mr. Amit Singh-Head (CHP), Mr. Shirish Waghmare-Head (Planning) along with many others participated in three-hour session with full zeal. Programme was compered by Mr. Sanjeet Sinha.



# Go green, breathe clean

Special sapling plantation in memory of Balasore train victims



Adhunik Power & Natural Resources Limited (APNRL) marked the 50<sup>th</sup> Environment Day with a heartfelt tribute to the victims of the tragic Balasore train accident. Employees and officers gathered to plant a sapling in memory of those who lost their lives in unfortunate incident. To raise awareness about protection of environment a cycle rally was also organized in which villagers and employees both chanted safeguarding of the ecosystem.



Mr. Arun Kumar Mishra, CEO was the chief guest who flagged off the cycle rally and planted sapling first followed by other department heads. Later on, a function was organized by Environment department wherein a special recognition was bestowed upon Komal Kumari, Yash Kumar Sharma and Neelam Kumari, students who achieved the highest percentages in the 10<sup>th</sup> examination. Besides that, children of peripheral villages were also honoured for their active participation in the poster making and drawing competition. Chief Guest Mr. Arun Kumar Mishra and guest of honour Mr. Rajesh Kumar Sharma, Mr. M N Singh and other guests have given away the prizes to children. Welcome address was delivered by Mr. Kamlesh Kumar Jha of Environment department while vote of thanks given by Mr. S. K. Parvez.



**War against TB continue**

# Awareness & Training on Tuberculosis



Altogether 50 women imparted knowledge to get aware about bad effects of deadly disease tuberculosis.

A special training and awareness programme was organized at Srirampur of Dugdha Gram Panchayat on 15-06-2023 to let them know the prevention and treatment of TB.

Ms. Bimola Tirkey-Ex.-LEO/BWO, Gamharia was the instructor as she emphasizes on the causes by saying chances of tuberculosis increases when one's body got weak as well as does heavy/hard physical work. The addiction of drugs/alcohol, lives in an unhygienic environment also effects. Mr. Sanjeet Kumar Sinha elaborated that APNRL is taking action to crush TB in all aspects the complete eradication of the cases in company catchment area.

He appealed that if someone has complaint about cough and fever for more than two weeks should get himself examined in the nearest CHC/hospital. If the case gets confirmed, then person can register online immediately so that he can take the benefits given by the government like financial support, medicines etc. If it is not treated in the early stages, it proves fatal. Vote of thanks was given by Ms. Baruna Nayak

## Foods for TB effected patient



Foods distribution streak is still continuing for the patients of TB by APNRL. Nutritious food is being distributed every month to the deprived and poor residents of Gamharia block. Mr. Arun Kumar Mishra-CEO, Adhunik Power and Dr. Pramila Kumari, MOIC handed over nutrition food packets to 50 TB patients on 12.6.2023 at Community Health Center, Gamharia.



### JULY BIRTHDAY OF EMPLOYEES

APNRL wish you a very **HAPPY BIRTHDAY**. May God bless you all with good health & prosperity and your sincerity & hard work result in greater success for you.

Sl. No.	Name	Code	Date
1	Mr. Shatrughan Singh	302163	01 July
2	Mr. Ashutosh Singh Yadav	302380	01 July
3	Ms. Alka Kumari	302499	01 July
4	Mr. N. Surya Prakash Rao	302761	01 July
5	Mr. Sagar Shrivastava	302871	01 July
6	Mr. Wasim Akram	303009	01 July
7	Mr. Md. Manowar Rabbi	302764	02 July
8	Ms. Paneshwari Kumari	302453	03 July
9	Mr. Sagram Tudu	302614	03 July
10	Mrs. Surajmani Baskey	302493	04 July
11	Mr. Anil Kumar Rajak	302792	05 July
12	Mr. Kumar Gaurav	302845	05 July
13	Mr. Ajay Kumar	302170	05 July
14	Mr. Paras Nath Singh Yadav	302537	09 July
15	Mr. Rijish Sharma	302997	09 July
16	Mr. Vinay Kumar Singh	408121	10 July
17	Mr. Rakesh Kumar Mahato	302619	10 July
18	Mr. Lalit Mohan Singh	302428	10 July
19	Mr. Lalchand Rawani	302812	10 July
20	Mr. Kaushal Kumar	302832	10 July
21	Mr. Sudhansu Sekhara Panda	302961	10 July
22	Mr. Budhadev Mahato	302712	10 July
23	Mr. Karu Tilka Majhi	302682	12 July
24	Mr. Kunwarpal Singh Tomar	302451	14 July
25	Mr. Sachin Kumar Singh	303002	15 July
26	Mr. Ranjit Singh Sardar	302719	16 July
27	Mr. Ravindra Nath Tudu	302700	17 July
28	Mr. Rishikesh Kumar	303001	17 July
29	Mr. Raj Mohan	302783	18 July
30	Mr. Chinta Haran Singha	302648	18 July
31	Mr. Arun Kumar	302041	18 July
32	Mr. Brajesh Tiwari	408130	20 July
33	Mr. Subhash Yadav	302930	20 July
34	Mr. Brajesh Tiwari	408130	20 July
35	Mr. Ranjit Besra	302663	21 July
36	Mr. Bhavesh Sahu	302133	22 July
37	Mr. Imran Ali Siddiquei	302948	24 July
38	Mr. Manjeet Singh	302955	24 July
39	Mr. Gobindo Ghosh	302259	25 July
40	Mr. Kalipada Singh Sardar	302628	27 July
41	Mr. Dipak Kumar Das	302731	30 July
42	Mr. Vijay Kumar	302492	31 July

For any information, suggestion & feedback mail to:

[baljeet@adhunikpower.co.in](mailto:baljeet@adhunikpower.co.in)